26 February 2014

BIRKDALE STARS
This week’s Birkdale Stars are:

<table>
<thead>
<tr>
<th>Name</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Noah</td>
<td>Prep</td>
</tr>
<tr>
<td>Royce</td>
<td>Yr 1</td>
</tr>
<tr>
<td>Hayley</td>
<td>Yr 2</td>
</tr>
<tr>
<td>Brandon</td>
<td>Yr 3</td>
</tr>
<tr>
<td>Taiyo</td>
<td>Yr 4</td>
</tr>
<tr>
<td>Rueben</td>
<td>Yr 5</td>
</tr>
<tr>
<td>Lynette</td>
<td>Yr 6</td>
</tr>
<tr>
<td>Callum</td>
<td>Yr 7</td>
</tr>
</tbody>
</table>

Congratulations!

PREP PLAYGROUND
The Prep Playground next to the School Hall is **out of bounds for students from 3pm**. The PCYC have the use of this playground for their outside school hours children.

TUCKSHOP NEWS
The tuckshop is now open **Tuesday – Friday**.

Peacekeepers 2014
Last week, a new group of Year 6/7 students began their Peacekeeping training. These students will be working in the Prep playgrounds helping the Prep students work through difficult situations. Congratulations to these boys and girls for undertaking this leadership role. I would also like to thank the Peacekeepers from last year. Their work was greatly appreciated. Ref: M. Boyle

ENCOURAGE READING
Take a look at the table below to see the substantial impact that **20 minutes of reading a night, five times a week**, has on your child’s literacy development from Prep to Year 6. Can you afford not to have your child regularly read - or you read to them, or you read with them - each school night?

Warm Regards
Jayne Barnett (Deputy Principal)
GUIDANCE GEMS

Like so many things in life, back-to-school time is an exercise in regaining balance. So here are some tips for making the transition a little smoother:

1. Make a conscious effort to re-establish regular mealtimes and talk about their day.

2. Teach your children how to plan and pack a healthy lunch so they (and you) can be more independent. Brainstorm lists of the healthy foods they like. Children can choose one item from each category to create a variety of healthy, balanced lunches. If they really want something unhealthy, limit it to one item each week, so it's a special treat, not an everyday food.

3. Take them grocery shopping so they can pick out healthy foods for their lunch. The more children are involved and making choices, the fewer power struggles you'll get into. They will also establish healthier habits and lifestyles, which will follow them into their adult years.

4. Have them plan a way to remember their homework, lunch and backpacks each day. Also, when they will do their homework, play, eat, and do other activities. The goal is to complete responsibilities while maintaining balance, using good time management skills. Sound familiar? That's what you have to do at work! Well school is children's "work" and they need to take responsibility for it so they will be prepared for the real world. Planning for them deprives them of these learning opportunities. Teaching skills and letting them figure out a plan meets the goal.

5. Encourage them to organize their bags in preparation for every day. Again, this is their responsibility. Provide the necessary supplies so they can be organized. You can tell them what you would do, but need to let them figure out what works for them.

6. Try to have school items ready the night before.

7. Have children choose no more than two after-school activities per season, so they don't overdo themselves. Maintaining balance requires setting priorities and making choices.

Are you seeing some patterns in these tips? Effective transitions happen gradually and help prepare children for impending change. By involving them in the planning and giving them choices about how the change occurs, they will manage the transition and change better.

They'll also learn important life skills and be more independent, responsible and confident.

Every parent wants that --- and future employers will value it, too!

*Adapted from Parenttoolshop.com*

Wishing you an exciting school year!

Kaye Molloy (Guidance Officer)

STUDENT COUNCIL 2014

Look for the Student Council flyer sent home today with this Birkdalian.

CLEAN UP AUSTRALIA

Birkdale State School students will be cleaning up their little patch of Australia, as a whole school, on Friday 28 February during the school day.

Bags will be provided; however, if you are able to send your child with gloves or tongs on the day that will be a great help.

CAR BOOT SALE

The Student Council will be running a car boot sale to help you get rid of all those unwanted treasures.

**WHEN:** SATURDAY 29 MARCH

**WHERE:** BIRKDALE STAFF CAR PARK

**TIME:** 8 am.- 12 noon

**COST:** $10.00 per car, ticket holders only.

**TICKETS AVAILABLE FROM IN FRONT OF THE SCHOOL OFFICE**

**8 AM – 8.30 AM MARCH 17, MARCH 28**

Pack all your treasures into your boot and come and sell, sell, sell!

ALL UNSOLD ITEMS MUST BE REMOVED BY THE OWNER.

STUDENT COUNCIL & BIRKDALE STATE SCHOOL TAKE NO RESPONSIBILITY

CLASS AND INDIVIDUAL PHOTOS

Advancedlife Photography will be taking Class and Individual Photos on Thursday 13 March. Payment and order envelopes have been sent home today with each child. Payment envelopes are to be returned ONLY ON PAYMENT DAY – Thursday 13 March.

Students are to attend in full school uniform, neat and tidy. Please see the letter attached to the order envelope for further details.

Family Photos (siblings) are also available. Order envelopes for family photos are on the brochure rack in the Administration Foyer. Families need to assemble in the hall at 8.00 am on Thursday 13 March for family photos. Please hand the payment envelope directly to the photographer.

If you have any queries, please contact Advancedlife Photography on 3216 8280.
Music Notes...

Bumblebee Auditions

Over the next couple of weeks, the audition process for selecting the new Bumblebee Choir students will commence. A total of 35 students will be selected from Prep and Year 1. During the audition, children will be tested on their ability to sing in tune, match pitch, sing with a pleasing tone, project their voice, listen to and follow directions and actions.

A shortlist of talented children has been made, after listening to children sing in their class groups this week. These children will be invited to participate in a fun singing audition in the Music room, next Wednesday (5/3) at lunch time. Any students who are absent will be caught up. It is important to remind children that only 35 can be selected (from over 200 students) and that there is always a place for them in the Mini Singers group (every Wednesday lunch time) if they are unsuccessful in gaining a place in this year’s Bumblebee choir. Children who were already in the Bumblebees last year may or may not be selected again.

Successful students will be notified by letter next Friday (7/3) and a list will be placed on the Music room door. Rehearsals will be held every Friday for part of the lunch hour in the Music room. (Please keep lunches simple and do not order tuckshop on Bumblebee practice day as it takes up valuable rehearsal time.) The Bumblebee Choir will perform at school events throughout the year. I will lead the group with the capable assistance of Miss Gibbons. I look forward to working with our youngest stars in the school.

Music Donation

Many thanks for the very kind donation of a beautiful Tenor Saxophone to the Music Performance Centre. Thank you Matt!

Mrs Deagon

P&C Easter Fundraiser

All of the ordered Cadbury Easter boxes have now gone out. Remember, if you have your money back by Friday 7 March, you will go in to the draw to win a Cadbury Easter Hamper which will be in the office for viewing from Thursday afternoon. We still have many boxes available for sale. Bev Casey will be in the library from 2.45 – 3.15 pm Thursday and Friday this week if you would like to return money or collect a box. Remember, all funds raised will go to improving Birkdale State School. Any questions, call Bev on 0411032266. Thanks.

SPORT NEWS

Regional Selection: Freya, a senior student at Birkdale, has been selected to represent Metropolitan East at the State Cricket Championships which are being held in Mackay in March. Freya is our second student to gain selection in the team and we wish her the best of luck in Mackay.

Cross Country Training: All runners must be on Agnes Street oval at 7.50 am to begin each session. Training is held on Monday, Tuesday, Thursday and Friday. More information is given on the permission notes.

Swimming Lessons: It is important to remember to bring all requirements for swimming lessons each week. There have been a large number of students borrowing caps and rashies in the last few weeks. We are also short of parent helpers on Thursday and Friday to support our Year One and Two classes. If you can help with these classes, please see Mrs Mill.

District Trials: There are a large number of district sport trials being conducted over the next three weeks. Teachers will select students who they believe have the skills to participate at this level of competition. Tennis, hockey, AFL, softball, netball and touch football trials will be held in the coming weeks.

Refer: Alan Menzies

STUDENT PAYMENTS

Cash Window: Tuesday and Thursday 8am to 9am.

INTERNET BANKING
School’s Bank A/c Name BIRKDALE STATE SCHOOL
BSB Number 064138
Account Number 00090369
Reference Code Name and Class, if fits
Activity Ref Code On top of excursion note
Code for Voluntary Contribution is VOL. Cost is $80

We have Credit Card/EFTPOS.
You can phone on 3286 0710 and give your information for a credit card payment.

Please remember to put your child’s name and class as reference along with the Activity Reference Code.

Want to get fit, try Zumba
With Zumba Ness 0447 320 023
Wednesdays 6.30 pm – 7.30 pm
Birkdale State School Hall
Agnes St